

DBEQ Leadership™

Rate yourself on the following leadership competencies, using the lowest score (1) to represent a low level of competency or a high score (5) to represent a high level of competency, or somewhere in between. Then total the numbers in each column and add the column totals together for your score.

Competency	Rating				
	1=Don't Do		5=Do Very Well		
I am a visionary and align people to support my vision.	1	2	3	4	5
I use empathy to build commitment rather than enforce compliance.	1	2	3	4	5
I establish a culture of trust by being trustworthy and credible and by extending trust.	1	2	3	4	5
I empower my team to get the job done rather than micromanage.	1	2	3	4	5
I am willing to take risks to be innovative.	1	2	3	4	5
I easily adapt to new and changing business landscapes.	1	2	3	4	5
I effectively manage conflict.	1	2	3	4	5
I self regulate and manage impulses to avoid reacting emotionally.	1	2	3	4	5
I am very attuned to others and read their social cues.	1	2	3	4	5
I communicate my thoughts and goals clearly and effectively; people rarely misunderstand me.	1	2	3	4	5
I set clear SMART goals for myself and my team.	1	2	3	4	5
I make thoughtful decisions by balancing logic and emotion.	1	2	3	4	5
I inspire others to get results.	1	2	3	4	5
I have the skills and invest the time to coach and mentor my team.	1	2	3	4	5
I use active listening skills, remaining open to all information without jumping to conclusions.	1	2	3	4	5
I am approachable; my team is comfortable coming to me for input or to bring challenging information.	1	2	3	4	5
I am able to receive feedback without becoming defensive.	1	2	3	4	5
I openly admit mistakes.	1	2	3	4	5
I remain optimistic even in the face of adversity.	1	2	3	4	5
I consistently treat others respectfully.	1	2	3	4	5
Subtotal Scores by Column					
Grand Total Score of all Columns					

0-65 You would do well to develop your leadership skills.
 66-85 You are demonstrating a fair amount of leadership.
 86-100 Congratulations! Your team has a great leader to follow.

**Want to be a better leader?
 We can help. Call us at
 678-907-9491.**